



Hi! My name
is Lola—yes
I'm from
LalaLand!



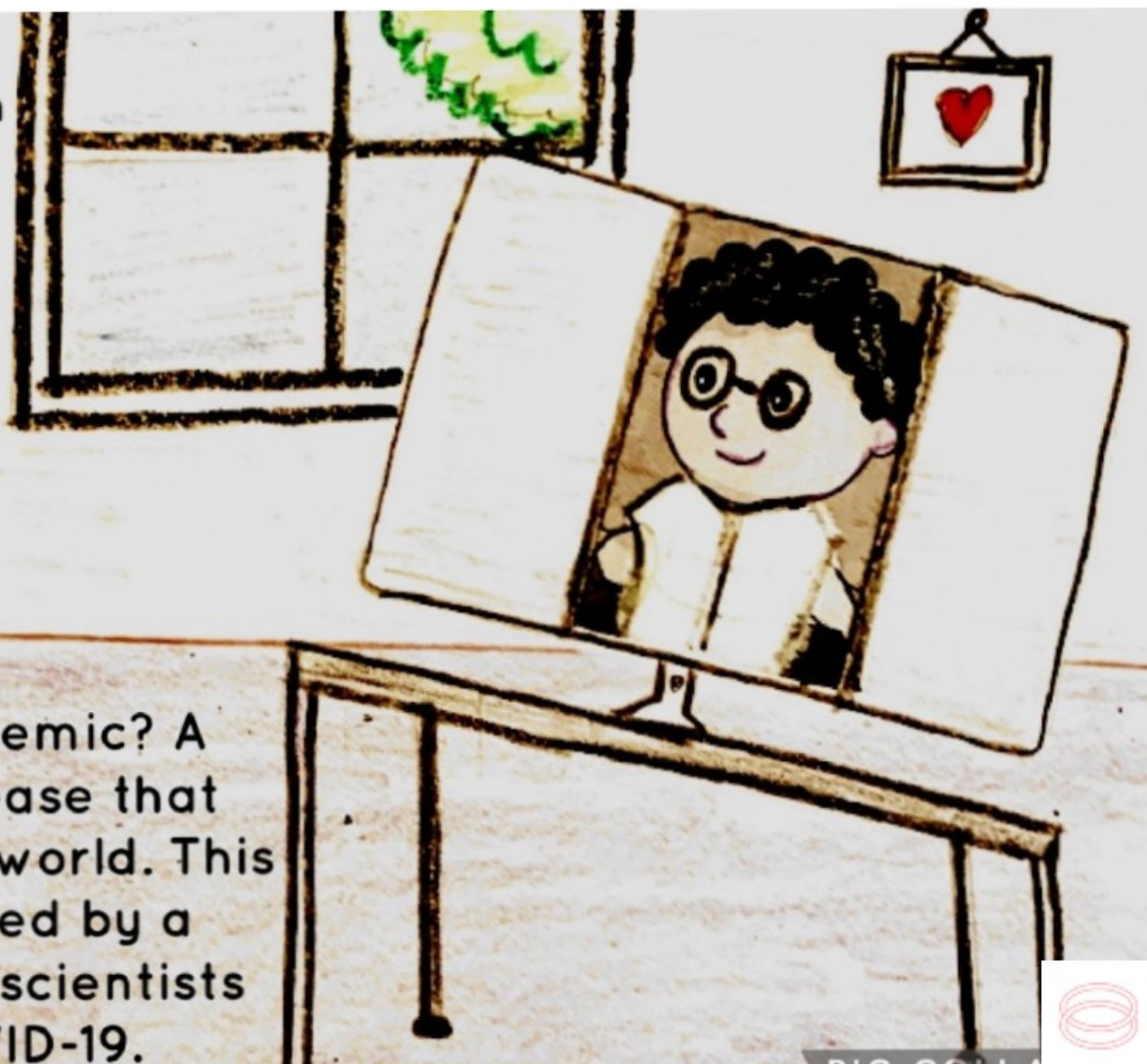


One morning when I was getting ready for school, my mom said there is no school today and from tomorrow, it would be online school due to a pandemic.



To figure out what a pandemic is, my mom showed me a video where a scientist explained everything about it.

So what is a pandemic? A pandemic is a disease that spreads all over the world. This pandemic is caused by a coronavirus, which scientists are calling COVID-19.

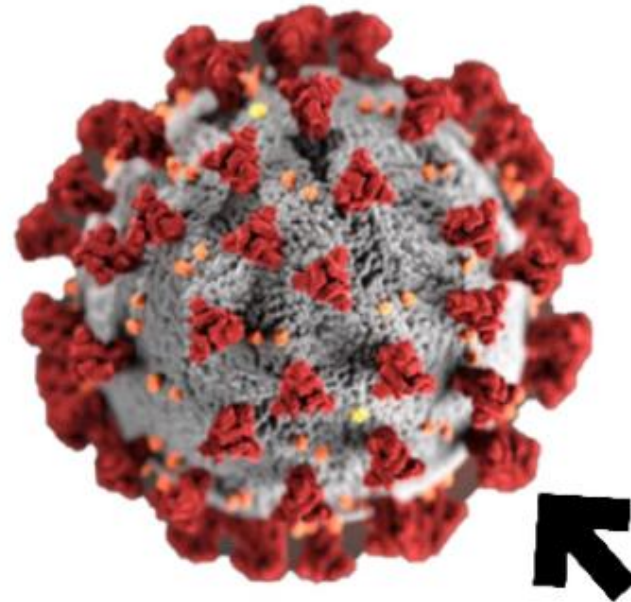




Since I cannot go outside and do my normal activities, I am making the most out of staying at home by doing things like reading with my little sister.



Viruses are germs that use our cells to make more viruses. These viruses cause us to get sick with diseases like the common cold. Sometimes, we do not always have the medicine to treat them.

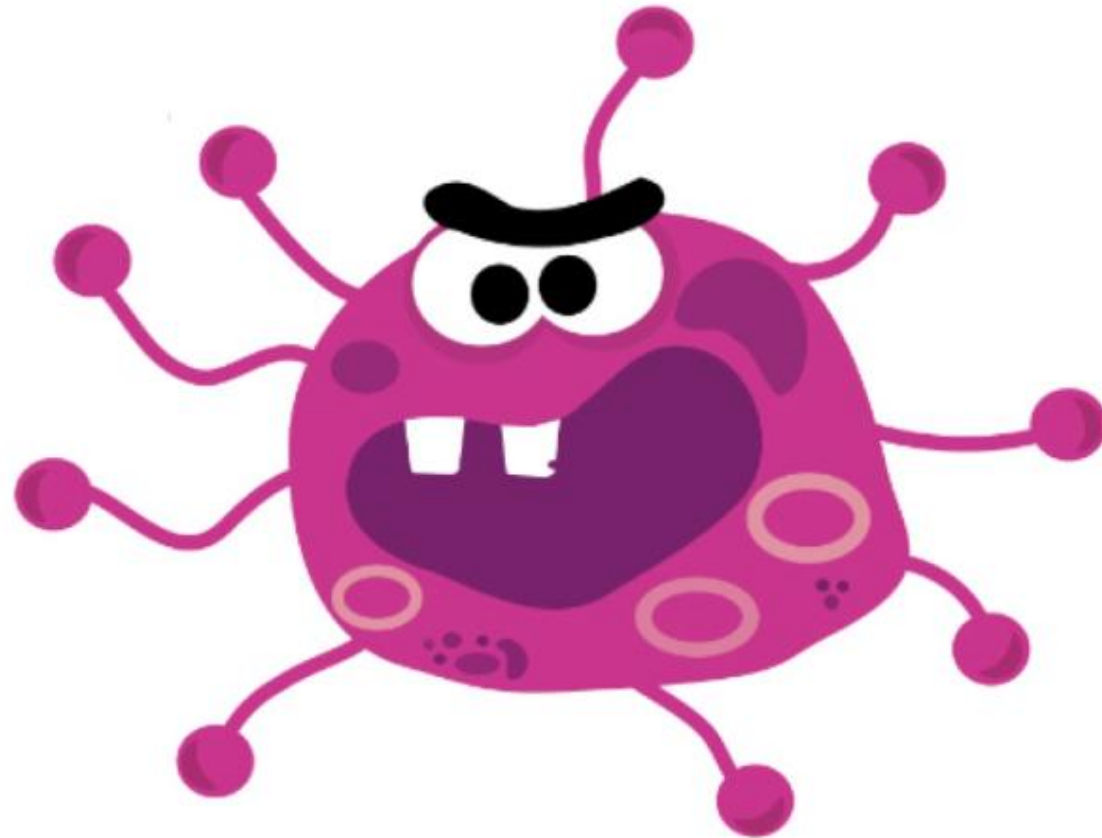


This is a picture of a coronavirus!

By staying away from schools and businesses, we can get fewer people sick to make it easier for the hospitals to treat the ones who are very sick.



COVID-19 mainly spreads through close contact with other people very easily. People who have the virus may not always seem sick.



How do kids like us prevent getting the virus?



6 FEET APART!



In order to prevent the virus, kids like us can do 4 main things. We can wear a mask, use hand sanitizer, wash our hands for 60 seconds, and stay 6 feet apart in public.





Since we cannot go to meet Grandma in person, we have a virtual meeting with her, where she sometimes teaches us art!

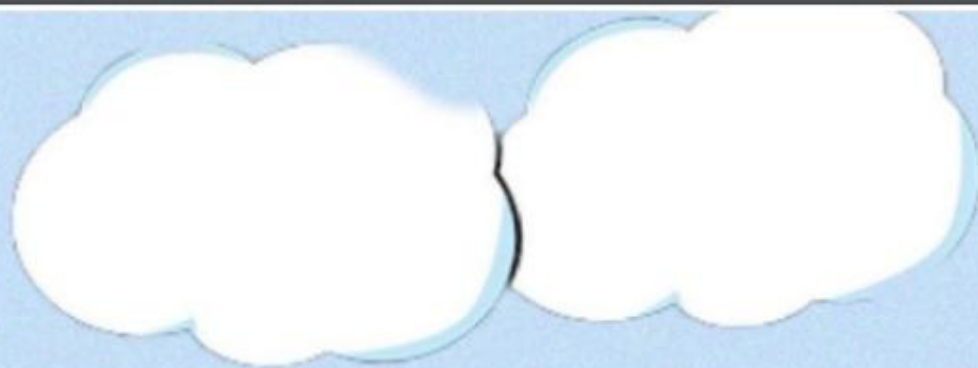


I help set the table.



I help feed the dog.





So even though we have to stay at home, we can count this as a blessing and spend more time with our family making wonderful memories and soon this will be over!

